

## Healthgrain Forum Autumn Workshop 2019

02-04 December 2019, Milan, Italy

**3. December - Venue:** The Mall, Piazza Lina Bo Bardi, Piazza Alvar Alto, 1, 20121 Milano

**4. December - Venue:** University of Milan, Settore Didattico Colombo, Aula C03, Via Mangiagalli 25, Milan

### Travel Information

#### Arrival on December 2<sup>nd</sup>

If you intend to participate at the Barilla headquarters' visit, please make sure to arrive on time on Monday morning as the arranged bus transfer **from Milan Malpensa airport will leave at 12:30h**. The detailed pick up indication at the airport will be provided by email.

#### Accommodation

The recommended hotel is the **Cosmo Hotel Palace (\*\*\*\*) - via De Sanctis, 5 - 20092 Cinisello Balsamo (MI)** where a preferential rate has been arranged: <http://www.cosmohotelpalace.it/en/>.

Single room: 70 EUR per room per night

Double room: 80 EUR per room per night

Twin room: 90 EUR per room in double occupancy per night

Including VAT, American Buffet Breakfast, WiFi, Parking, Wellness Center

**How to book:** Access the page [www.cosmohotelpalace.it](http://www.cosmohotelpalace.it) select the dates of stay and number of guests => enter the code **HGF2019** in the appropriate section "CODE" and proceed with the booking.

**We strongly recommend that participants make their hotel reservation as soon as possible, since the rooms are on hold only until 11.11.2019;** after this date the rooms will be released back to the public and discounted prices cannot be guaranteed.

In case you would like to book elsewhere, please mind the venue addresses above when using conventional hotel booking sites.

Please be informed that a bus transfer from/to the Hotel Cosmo will be provided during the three days.

Please note that in case you participate on the factory visit on the 2<sup>nd</sup> of December, your luggage will be taken with you on the bus and a late check-in will occur at the hotel when coming back from Parma.

#### How To arrive

##### **From Malpensa Airport to Milan City Centre**

There are several options to reach the City Centre, please find here all the information how to get from/to Malpensa Airport with the means of transport you prefer:

<https://www.milanomalpensa-airport.com/en/from-to/getting-to-leaving-from-malpensa>

The journey time by train between Malpensa and Milano Centrale FS is about 50 minutes.

Taxi from Malpensa Airport to City Centre

Taxis are located in front of the exits to the arrival's halls in both Terminals 1 and 2. Journey time to central Milan is around 50 minutes. The fixed fare is €90 to Milan city centre.

**From Linate Airport to Milan City Centre**

Please find here all transportation options:

<https://www.milanolate-airport.com/en/from-to/getting-to-leaving-from-linate>

**From Bergamo Airport (Orio al Serio) to Milan City Centre**

Please find here all transportation options:

<https://www.introducingmilan.com/bergamo-airport>

**HGF Dinner on 03.12.2019**

Dinner is arranged at the [Premiata Trattoria Arlati](#), Via Alberto Nota, 47 - 20126 Milano at 19:30h.

After the dinner at 22:00h a bus transfer back to the Hotel Cosmo is arranged.