

## Healthgrain Forum 2018 Autumn Workshop

12-13 November 2018, Uzwil, Switzerland

Venue: BühlerAG, Gupfenstrasse 5, 9240 Uzwil

### Travel Information

#### Accommodation

The recommended hotel is the **Hotel Säntispark** where a preferential rate has been arranged:  
<https://www.hotel-saentispark.ch/en> Guests should quote "HG FORUM" when reserving their room;

#### **Hotel Säntispark (\*\*\*\*)**

*Wiesenbachstrasse 5, 9030 Abtwil, 20 minutes by bus, transfer organised from Buhler to dinner and back on Tuesday morning to the meeting*  
[www.hotel-saentispark.ch](http://www.hotel-saentispark.ch)

Single room 210 CHF/~185 EUR per night  
Double room 260 CHF/~228 EUR per night  
Including breakfast, access to spa, sauna and fitness center, WLAN

The rooms are on hold until **15.10.2018**; after this date the rooms will be released back to the public and discounted prices cannot be guaranteed.

Phone No: +41 71 313 11 11; Email: [hotel@saentispark.ch](mailto:hotel@saentispark.ch)

**IMPORTANT: Mention "HG FORUM" will allow you to reserve one of the rooms and get the discounted price.**

Additional, very limited number of rooms are also reserved in Uzwil, and they can be reserved with the same code "HG FORUM"

#### **Hotel Bahnhof Uzwil (\*\*)**

*Bahnhofstrasse 62, 9420 Uzwil, adjacent to railway station*  
<http://www.hotel-bahnhof-uzwil.ch>

Single room 95 CHF/~84 EUR per night  
Double room 145 CHF/~128 EUR per night

Includes WLAN, breakfast and parking  
(The hotel also has rooms with shared bathrooms and/or showers, which are not provisionally booked for HGF).

#### **Hotel Uzwil (\*\*\*\*)**

*Bahnhofstrasse 67, 9420 Uzwil, adjacent to railway station*  
[www.hotel-uzwil.com](http://www.hotel-uzwil.com)

Single or Double room 145 CHF/ ~128 EUR per night  
Including breakfast, WLAN

#### **Hotel Schäfli (\*\*)**

*Bahnhofstrasse 107, 9240 Uzwil, 9 mins walk from railway station*

Hotel Uzwil also administers rooms in its "sister hotel" Hotel Schäfli, which does not have a reception, but keys are picked up at Hotel Uzwil.  
Single room 85 CHF ~75 EUR without breakfast, 100 CHF ~88 EUR with breakfast per night

**We kindly invite participants to make their own hotel reservation as soon as possible!**

### **General Information**

Travelling from Zürich Airport to Uzwil: There are approximately 20 trains per day going from Zurich airport to Uzwil. The average journey time is 42 minutes and tickets cost around 22 EURO.

For more details on train travel, please visit <https://www.thetrainline.com/en/train-times/zurich-flughafen-to-uzwil>

### **From Zurich Airport to Uzwil**

Trains from Zurich Airport to Uzwil:

10:51-11:29 (direct connection)

11:21-12:08 (change trains in Wil)

11:51-12:29 (direct)

### **Trains back to Zurich airport on Tuesday 13<sup>th</sup> 2018**

13:32-14:11 Uzwil- Zurich Airport

13:50 Uzwil-Zurich Airport (change of trains in Wil)

From Uzwil railway station one can walk to Bühler, which takes about 15 minutes (Recommended, see the map below for the route)

Alternatively, there's a bus connection from the railway station (Bus number 745), which leaves 11:06, 11:36, 12:06, 12:36 etc. The bus ride takes about 3 minutes.

