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Dear HGF members and Newsletter readers,

Most of us already look forward to the Christmas holidays! This is the last HGF Newsletter of 2023 with some future perspectives we would like to share with you. Milica Vidosavijevic keeps you updated via the <a href="HGF LinkedIn Group">HGF LinkedIn Group</a> with interesting news items. Hopefully, you have been able to have frequent visits to our group!

**HGF** New composition of the **Board** During the last General Assembly, organized digitally, four new HGF Board members were unanimously elected: Kristof Brijs (KU Leuven) as Chair, Ville Koistinen (University of Eastern Finland) as Vice-Chair, Lovisa Martin Marais (Lantmännen) and Kati Katina (University of Helsinki). Silvia Folloni (Open Fields) as Board member and Treasurer and Jan de Vries as Board member and HGF Communication Manager have been confirmed unanimously. We very much thank Nesli Sözer (VTT), Marjukka Kolehmainen (University of Eastern Finland) and Karin Arkbåge (Lantmännen) for their contribution to all work that has been done the the past vears.

HGF Spring workshop 2024

In 2024 the HGF Spring workshop will be organized in close connection to the <a href="International Cereal and Bread Congress">17th ICC</a> International Cereal and Bread Congress in Nantes (FR). HGF will organize a session at this congress and HGF members will have a reduction in participation fee. Furthermore, you can also expect an update on the progress of the HealthFerm project during this congress, as well as an update of the working group on Whole Grain Intake Recommendations of the <a href="Whole Grain Initiative">Whole Grain Initiative</a>. We also plan to have the next General Assembly at the congress. We would like to ask your help for hosting the 2024 Autumn HGF workshop. If you are interested, please let us know!

## **HealthFerm**

We like to inform you about the Training & Capacity Building activities of the EU Horizon

Europe project HealthFerm (Horizon-CL6-2021-FARM2FORK-01). HGF, with the support of ICC, is responsible for programming the T&C activities. We aim at organizing 3 webinars in 2024, 1 virtual workshop, and a symposium in Helsinki preceding the Project Consortium Meeting. We will provide more information about these foreseen activities early 2024.

Whole Grain Initiative

The Whole Grain Intake Recommendations working group of the WGI has started its activities. Prof. Eleanor Beck from the University of New South Wales (AU) is chairing the working group that consists of over 20 experts from all over the globe. The work will be supported by some young career scientists who will conduct the literature reviews and analyses that are needed to come to scientifically sound whole grain intake recommendations, based amongst others on culture differences. Any constructive input for this working group is very much appreciated!

And last but not least we like to wish you a very nice Christmas and a Happy New Year! We hope to see you again in 2024!

On behalf of the HGF Board Jan de Vries Kristof Brijs

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