

## HGF Online Autumn Workshop 2020

5 – 6 November 2020, **ONLINE** Meeting

### PROGRAMME – 14/10/2020

**After registering, all participants will receive a confirmation email containing information about how to join the webinar. There is no separate program download necessary.**

- **Thursday, 5 November 2020**

**14:00**                    **Welcome and presentation of the programme & technical instructions for the digital setup – Nesli Sözer**

**14:15 – 15:30 SESSION 1 – THE ROLE OF GRAINS IN SUSTAINABLE NUTRITION**

**Moderator:** Lovisa Martin Marais, Lantmännen, SE

	<i>Presenter</i>	<i>Topic</i>
14:15	Marta Angela Bianchi <i>RISE, SE</i>	<b>Nutrition quality and climate impact of foods in a Nordic context</b>
14:35	Merja Saarinen <i>LUKE, FI</i>	<b>Nutrition should be included in the life cycle assessment of food products, but how?</b>
14:55	Karin Arkbåge <i>Lantmännen R&amp;D, SE</i> Marika Lyly, <i>Lantmännen Unibake Internat., FI</i>	<b>Lantmännen, a farmer's cooperative focusing on research and wholegrains at Vaasan</b>
15:15	<b>Q&amp;A</b>	

**15:30**                    **Break with some videos and to take some coffee**

**15:45 – 17:00 SESSION 2 – PERSONALIZED & GUT HEALTH FROM GRAINS**

**Moderator:** Jan de Vries, Nutrition Solutions, NL

	<i>Presenter</i>	<i>Topic</i>
15:45	Femke Hoevenaars <i>TNO, NL</i>	<b>Personalized advice improves whole grain intake in different populations</b>
16:05	Rikard Landberg <i>Chalmers University, SE</i>	<b>The role of grains in sustainable and personalized nutrition for health</b>
16:25	Kristin Verbeke <i>KU Leuven, BE</i>	<b>The impact of colon-derived SCFA on the brain</b>
16:45	<b>Q&amp;A</b>	

▪ **Friday, 6 November 2020**

**09:30 - 10:15 HGF General Assembly**

(For HGF Members only, please join with separate registration)

**Chair:** Nesli Sözer

**10:15** Break to take some coffee

**10:30** Welcome back and quick summary from the previous day – Nesli Sözer

**10:45 – 12:00 SESSION 3: GRAIN TECHNOLOGY: FROM FARM TO FORK**

**Moderator:** Marjukka Kolehmainen, University of Eastern Finland, FI

	<i>Presenter</i>	<i>Topic</i>
10:45	Olof Olsson, Croptailor, SE	<b>From healthy oat to even healthier oat with new technology</b>
11:05	Annika Wilhelmson Viking Malt, FI	<b>Germination – a natural way to awaken faba bean to its full potential</b>
11:25	Natalia Rosa-Sibakov VTT, FI	<b>Process induced health effects of oats</b>
11:45	<b>Q&amp;A</b>	

**12:00** Summing up the HGF Online Autumn Workshop & Good Bye  
– Nesli Sözer

**PLEASE NOTE: A separate registration is needed for both events! You can use the following links for your registration:**

**HGF Autumn Workshop** (Thu, Nov. 5, 2020 14:00-17:00 + Fri, Nov. 6, 2020 10:30-12:00):

<https://attendee.gotowebinar.com/register/3052145732171505424?source=HGFProgramme>

**HGF General Assembly Meeting** (Fri, Nov. 6, 2020, 09:30-10:30):

<https://attendee.gotowebinar.com/register/7400924226741329424?source=HGFprogramme>