



Dear Healthgrain Forum Member,

This is a kind reminder for HGF Members to make their arrangements for the upcoming event in December.

Please find below all the details and note that the hotel rates are guaranteed until 11 November.

On Monday afternoon, 2. December 2019, Barilla kindly invites HGF members to their factory as well as to a cooking experience at the Academia Barilla in Parma (bus transfer will be organised).

On Tuesday, 3. December 2019, HGF members are welcome to join free of charge the [10th International Forum on Food and Nutrition](#), organised by BCFN in Milan. Please note that a separate registration is needed to attend => check details/link in the draft programme.

On 4. December 2019, the HGF Autumn Workshop will take place at the University of Milan.

To make sure all logistics can be arranged on time, please

- register [HERE](#) for the BCFN meeting
- register [HERE](#) to the HGF Workshop
- and book the suggested hotel no later than November 11th

All details can be found at the [HGF website](#)

We hope to meet all of you in December!

Best Regards,

On behalf of Healthgrain Forum

Nesli Sözer

Jan de Vries

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