



HEALTHGRAIN FORUM

Dear Healthgrain Forum Member, Caroline Placchetta,

Just to remind you, only a few days to go to the HGF Session at the FENS2019 conference in Dublin. Furthermore, the programme for the next HGF workshop is being developed. Please find some details on these upcoming events and an interesting opportunity from Barilla below.



FENS conference in Dublin, 15-19 October

At the upcoming FENS2019 meeting we have put together an attractive programme for the [HGF session](#), titled [“Improving diet quality with whole grain and cereal fibers”](#). There will be three presentations:

- The role of whole grain in improving diet quality; Prof. Chris Seal, Newcastle University, UK
- Impact of processing and sprouting on whole grain products; Prof. Christophe Courtin, University of Leuven, BE
- Effects of whole grain intake on microbiome composition; Prof. Koen Venema, Maastricht University, NL

If you intend to participate at the FENS conference, please join the HGF session on Tuesday, 15th October from 15:00-16:30 in the Wicklow Hall 2A. The symposium is kindly sponsored by Bühler, Mondelez, Nestle, Puratos and Quaker with the support of ICC.

**HGF workshop: 4th
December 2019
combined with 10th
BCFN meeting**

The next HGF Autumn workshop will be organised in cooperation with the University of Milan and our colleagues from Barilla. On 2nd December in the afternoon, Barilla kindly invites all members to their factory in Parma, including a visit to the durum wheat mill. (Bus transfer to/from Milan will be organised.) On the 3rd of December all HGF members are welcome to the BCFN [International Forum on Food and Nutrition](#), organised in Milan. Then, on 4th of December Healthgrain Forum will have a workshop on the theme “Sustainability and Nutrition”. A draft programme outline as well as the registration link can be found on the website of [Healthgrain Forum](#). If you are interested in giving a presentation within the defined session topics, feel free to contact office@healthgrain.org by latest October 15th .



Barilla's BLU1877 Announces The Good Food Makers Program in Collaboration with KitchenTown

Calling all food startups! Blu1877 and KitchenTown want to help accelerate your company. If you are working on a product in the circular food economy, healthy snacking, or personalized meal solutions - apply for this unique opportunity to collaborate with Barilla's team of industry experts. Good Food Makers is a flexible 8-week program with a 1-week stay at Barilla HQ in Parma, Italy. Applications are open now! Apply by 11th November. Read more at goodfoodmakers.net

If you have any news to share with all members of HGF, please let us know. We will publish any interesting developments on cereals and health in our monthly newsletter.

We hope to meet all of you at these next events.

Best Regards,
On behalf of Healthgrain Forum
Nesli Sözer
Jan de Vries

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