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Dear Healthgrain Forum Member, Caroline Placchetta,

About one month to go before HGF has its session in Dublin at the FENS2019 conference. In the meantime, we are organising the next HGF workshop. Please find below some details on these upcoming events.



### **FENS conference in Dublin, 15-19 October**

At the upcoming FENS2019 meeting we have put together an attractive programme for the HGF session, titled "Improving diet quality with whole grain and cereal fibres". There will be three presentations:

- The role of whole grain in improving diet quality; Prof. Chris Seal, Newcastle University, UK
- Impact of processing and sprouting on whole grain products; Prof. Christophe Courtin, University of Leuven, BE
- Effects of whole grain intake on microbiome composition; Prof. Koen Venema, Maastricht University, NL

If you intend to participate at the FENS conference, please join the HGF session on Tuesday, October 15 from 15:00-16:30 in the Wicklow Hall 2A. The symposium is kindly sponsored by Bühler, Mondelez, Nestle, Puratos and Quaker with the support of ICC.

### **HGF workshop: 4<sup>th</sup> December 2019**

Our next workshop will be organised in close cooperation with our colleagues from Barilla. They have

**combined with 10<sup>th</sup>  
BCFN meeting**

proposed to combine the next HGF workshop with Barilla's [10<sup>th</sup> International Forum on Food and Nutrition](#) that will be organised in Milan on December 3<sup>rd</sup>. The programme of the HGF workshop will focus on sustainability and nutrition. Furthermore, for those who are interested, a visit to the Barilla facilities in Parma will be organised on December 2<sup>nd</sup>. Save the dates - we will keep you posted on further details. If you are interested in giving a presentation, feel free to contact [office@healthgrain.org](mailto:office@healthgrain.org)

Please be informed that the new members of the HGF Board have been approved by the General Assembly in June in Espoo. Please find all the details on the [HGF website](#) which you are welcome to check regularly for updated information.

We hope to meet you at these next events!

Best Regards,  
On behalf of Healthgrain Forum  
Nesli Sözer  
Jan de Vries

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