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Dear Healthgrain Forum Member,

Only one more month to go before we meet in Espoo! We again would like to ask you to register for this special meeting which combines the HGF workshop and the Honorary Symposium. The registration link can be found on the website or by clicking [here](#).

A draft programme for HGF workshop on June 17 and a draft programme for the Honorary Symposium on June 18 is available on the HGF website and in the attachment.

On June 17 the HGF workshop will pay attention to updating the knowledge on sourdough. Furthermore, the programme “Industry 4.0; reflections to food ecosystem” will give insights on how cereal industry can benefit from digitalization and agile manufacturing technologies. The last session of the workshop will give you the opportunity to discuss the future operations of HGF and priority research areas that will be drafted in the upcoming months.

The Honorary Symposium will have dedicated sessions focusing on rye and oats with various perspectives including also a deep-dive on how circular economy concepts could be applied in cereal industry. These 3 sessions will be closed with an interactive discussion with the speakers.

For more details see the [HGF website](#).

Change of Board members

At the General Assembly meeting during the Helsinki workshop Kati Katina (HGF President), Alexandra Meynier, Flip van Straaten (Treasurer), Marco Silvestri and Ndegwa Maina (Secretary) will step down as Board Members. Nesli Sözer, who is now HGF Vice-President, will take over the position from Kati Katina as HGF President. The secretarial activities will be taken over by the ICC Headquarters.

The Board wholeheartedly welcomes new candidates for all other positions. When you are interested, please send a short CV and statement of your vision and plans with HGF, and a picture to office@healthgrain.org

FENS conference in Dublin, October 15-19, 2019

Healthgrain Forum will organize a symposium at the upcoming FENS conference in Dublin. The meeting will be part of the theme “the food environment”. We have been able to get three well known speakers with the following topics:

The role of whole grain in improving diet quality; Prof. Chris Seal, University Newcastle, UK
Impact of processing and sprouting on whole grain products; Prof. Christophe Courtin, University of Leuven, Belgium

Effects of whole grain intake on microbiome composition; Prof. Koen Venema, Maastricht University, Netherlands

If you have any news to share with your co-members of HGF, please let us know. We will publish any interesting developments on cereals and health in our monthly newsletter. We hope to meet all of you in Espoo.

With best regards,
Kati Katina, HGF Chair
Jan de Vries, HGF Communication Manager

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