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Dear Healthgrain Forum Member,

Spring is approaching fast. This year the HGF Spring Workshop will be organized in connection with a Symposium to honour Kaisa Poutanen and her Outstanding Scientific Life's Work from 17 - 18 June 2019 in Espoo, Finland.

HGF Workshop and Symposium - draft programme

We are pleased to share a first draft programme for the event, which will cover several presentations on the power of rye, the success stories on oat. These two sessions will be closed with a round table discussion focusing on the question how to succeed with whole grains. The last session of the symposium will address the question on how to make the best out of grains.

On 17 June the HGF Workshop will pay attention to updating the knowledge on sourdough. Furthermore, the programme "Industry 4.0; reflections to food ecosystem" will be reflected on. The last session of the workshop will give you the opportunity to discuss the strategic plan for HGF that will be drafted in the upcoming months.

We kindly invite interested persons to check the programme on the [HGF website](#) and to make their hotel reservations as soon as possible, as the envisaged week is a holiday week in Finland.

Unfortunately, it was decided to stop the efforts to construct a consortium that could aim for the call HP-PJ-04-2018. Another consortium was already on its way for a submission with high chance for success.

Healthy and Sustainable Diets Round Table - Brussels, 7 March 2019

At this meeting at the EU Parliament, HGF was asked to present shortly their view on whole grains in healthy diets that fit in the perspectives of a sustainable world. For more details see the [HGF website](#).

Events Update

The **GF19 - *Building Products by Knowledge*** will take place from 26 - 28 June 2019 in Leuven (BE). Abstract submission is still possible until 22 March 2019. Find all info at <http://www.gf19.icc.or.at>.

Please be aware that we have also updated the meeting calendar on the [HGF website](#). Have a look at other interesting meetings!

With best regards,

Kati Katina, HGF Chair

Jan de Vries, HGF Communication Manager

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